



Kingsway
Community Trust

Spring 2026 Menu



**CRINGLE BROOK
PRIMARY**

Week 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Choices <i>Halal Options Available</i>	Vegetable Pasta <i>(contains wheat gluten)</i> with Broccoli Vegetable Keema <i>(contains barley gluten, egg)</i> with Rice & Broccoli	Roast Chicken Dinner with Yorkshire Pudding <i>(contains wheat gluten, egg, milk)</i> , Roast Potatoes, Peas & Gravy Macaroni Cheese Bake <i>(contains wheat gluten, milk)</i> with Peas	Cheese Whirl <i>(contains wheat gluten, egg, milk)</i> with Diced Potatoes & Beans Sweet Potato & Chickpea Curry <i>(contains sulphites)</i> with Rice & Sweetcorn	Spaghetti Beef Meatballs <i>(contains wheat gluten, egg)</i> with Salad or Sweetcorn Jacket Potato Selection <i>(contains milk, fish, egg)</i> with Salad	Chicken Biryani with Naan Bread <i>(contains wheat gluten)</i> , Salad & Cucumber Raita <i>(contains milk)</i> Tomato & Basil Pasta <i>(contains wheat gluten)</i> with Sweetcorn
Second Course	Fruit Salad	Flapjack <i>(contains oat gluten)</i>	Chocolate Brownie Cake <i>(contains wheat gluten, egg)</i>	Marble Cake <i>(contains wheat gluten, egg, milk)</i>	Ice Cream <i>(contains milk)</i> & Fruit

Fruit, Yoghurt *(contains milk)*, Water, Semi-Skimmed Milk *(contains milk)* & Bread *(contains gluten)* Available Daily Allergens indicated in brackets ()



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Week 2	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Choices <i>Halal Options Available</i>	Homemade Pizza <i>(contains wheat gluten, milk)</i> with Jacket Wedges & Baked Beans Veggie Curry with Rice & Salad	Chicken Parmigiana <i>(contains milk)</i> with Rice & Broccoli Vegetable Pasta Bake <i>(contains wheat & barley gluten, egg, milk)</i> with Broccoli	Pasta Bolognaise <i>(contains wheat gluten)</i> with Sweetcorn Jacket Potato Selection <i>(contains milk, fish, egg)</i> with Sweetcorn	Chicken Curry with ½ Rice, ½ Naan <i>(contains wheat gluten)</i> & Carrots Veggie Balls <i>(contains soya)</i> in Gravy with Mashed Potatoes & Carrots	Fish Fingers <i>(contains wheat gluten, fish)</i> with Chips & Peas Cajun Bean Burrito <i>(contains wheat gluten, milk)</i> with Salad Selection
Second Course	Crumble Biscuit <i>(contains wheat gluten, egg)</i>	Chocolate Courgette Cake <i>(contains wheat gluten, egg)</i>	Fruit Salad	Sponge & Custard <i>(contains wheat gluten, milk, egg)</i>	Ice Cream <i>(contains milk)</i> & Fruit

Fruit, Yoghurt *(contains milk)*, Water, Semi-Skimmed Milk *(contains milk)* & Bread *(contains gluten)* Available Daily Allergens indicated in brackets ()



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Week 3	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Choices <i>Halal Options Available</i>	Creamy Tomato Pasta <i>(contains wheat gluten, milk)</i> with Mixed Salad	Cheese Flan <i>(contains wheat gluten, milk, egg)</i> with Sliced Potatoes & Carrots	Chicken Curry <i>(contains milk)</i> with Rice & Salad	Baked Sausages <i>(contains wheat gluten, soya, sulphites)</i> with Mashed Potatoes & Broccoli	Sweet Chilli Chicken <i>(contains wheat gluten, soya)</i> with Rice & Sweetcorn
	Jacket Potato Selection <i>(contains milk, fish, egg)</i> with Mixed Salad	Salmon Tomato Pasta <i>(contains wheat gluten, fish)</i> & Carrots	Veggie Ball Sub <i>(contains wheat gluten, soya)</i> with Tomato & Herb Sauce, Jacket Wedges & Peas	Veggie Cobbler <i>(contains wheat & barley gluten, milk, egg)</i> with Potatoes & Broccoli	Veggie Lasagne <i>(contains wheat & barley gluten, milk, egg)</i> with Salad & Garlic Bread <i>(contains wheat gluten)</i>
Second Course	Flapjack <i>(contains oat gluten)</i> & Fruit	Shortbread <i>(contains wheat gluten)</i>	Fruit Sponge & Custard <i>(contains wheat gluten, milk, egg)</i>	Fruit Salad	Chocolate Cake <i>(contains wheat gluten, milk, egg)</i>

Fruit, Yoghurt *(contains milk)*, Water, Semi-Skimmed Milk *(contains milk)* & Bread *(contains gluten)* Available Daily Allergens indicated in brackets ()