

PLAY SCHEMAS

FOR PARENTS



Connecting

The repetitive urge to join objects together using tape, string, glue, or by physically linking them.

Things to try at home:
building towers, threading and making paper chains.



Enclosing

The urge to create boundaries or "walls" around objects, animals, or oneself to define a space.

Things to try at home:
Making dens, drawing shapes, making a farm for the animals

Transporting



The repetitive urge to move objects, or oneself, from one place to another using containers, vehicles, or your own hands.

Things to try at home:
Collecting natural items in a bucket, followed a chalk line and sweeping up leaves.



Trajectory

The urge to study the movement of objects (or oneself) through the air or in a straight line, often seen through throwing, dropping, or jumping.

Things to try at home:
Kicking and throwing balls, playing skittles and blowing bubbles

Transforming



The fascination with changing the state or physical property of materials, such as mixing paint colours, adding water to sand, or watching ice melt.

Things to try at home:
Playdough, dressing up and growing plants

Enveloping



The repetitive urge to completely cover or wrap objects, or oneself, using materials like blankets, layers of paint, or dress-up clothes.

Things to try at home:
Burying treasures, hide and seek games and wrapping up toys and presents

Positioning

The desire to arrange objects in a very specific order, such as lining up cars by colour or perfectly spacing out stuffed animals.

Things to try at home:
Play 'follow the leader', parking toy vehicles and putting clothes in the right drawers.



Rotation

The fascination with things that go around, such as spinning wheels, turning taps, or twirling their own bodies.

Things to try at home:
mixing while baking, rolling down hills and spinning around.



Orientation

The urge to view the world from different perspectives or angles, such as hanging upside down, peering through their legs, or climbing to a high point.

Things to try at home:
Using a climbing frame to climb and dangle upside down, obstacle courses and looking in mirrors.